

ANTI BULLYING WEEK "KICKS OFF" NEXT WEEK 13TH NOVEMBER WITH ODD SOCKS DAY & WORLD KINDNESS DAY



Odd Socks Day is designed to be fun! It's an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!

There is no pressure to wear the latest fashion or to buy expensive costumes. All you have to do to take part is wear odd socks!



WORLD KINDNESS DAY 2023

Kindness doesn't just help other people; it also improves our own physical and mental health. Teaching children about the effects of kindness will empower them to take charge of their own well-being.

THE ANTI-BULLYING WEEK 2023 CALL TO ACTION

"Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. It doesn't have to be this way.

Of course, we won't like everyone and we don't always agree, but we can choose respect and unity.

This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.

From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying. "



Download your free parent resource pack for some great activities and resources here: [ABW Parent Pack](#)